

Healing Wisdom for Pet Loss is designed to help readers understand the bond they have with their pets and why losing them is uniquely painful; aid them in understanding the grief they experience in the aftermath of that loss; and teach them the skills they need to process this loss.

In these pages, licensed mental health counselor **Anne Marie Farage-Smith** offers detailed explanations of the types of grief that one may encounter upon the loss or impending loss of a pet and provides validation for the emotions experienced in relation to that loss. She also reminds readers that help is available, and gives actionable criteria for the reader to determine when professional assistance is needed and how to find it.

Containing a variety of deliberately open-ended writing exercises Farage-Smith has seen help others to understand and heal their grief, as well as suggestions for a variety of ways to honor and remember one's pet, *Healing Wisdom for Pet Loss* is the loving, supportive grief journey companion every bereaved pet parent needs.

Author Anne Marie Farage Smith is a lifelong animal lover and an advocate for all animals. She holds a master of science degree in mental health counseling from St. John Fisher University and a master of science degree in education from Nazareth University, and is a Pet Loss Grief Counseling Trained Professional.

As a licensed mental health counselor and educator in private practice, she has offered clinical guidance to many individuals and groups experiencing grief and loss. She is the founder of the **Rochester Center for Pet Grief and Loss**. She currently resides in Rochester, NY, where she enjoys spending time with her family, visiting local parks with her dog, *Jazzy*, traveling, and pursuing creative activities.



“Anne Marie provides wonderful insight to the dynamic challenges of pet loss and the grief that accompanies it in an inclusive and accepting way.”

— Dr. Isabel Wylie, VMD

“Farage-Smith presents a wide variety of creative and thoughtful ways to remember and memorialize our beloved pets.”

— Patricia M. Casey BSW

“I am pleased to recommend this book for all who live with companion animals as well as those who work alongside them. It is a thoughtful and very useful addition to the literature.”

— Risë VanFleet, PhD, RPT-S, CDBC, CAEBC-I,

founder and president of International Institute for Animal Assisted Play Therapy® and coauthor of *Animal Assisted Play Therapy*

“Healing Wisdom for Pet Loss is a labor of love and hopefully will ease the painful loss of a pet for every reader.”

— Catherine Romaine Brown,

author of *The Courageous Companion: The Jack Russell Terrier* and *A Guide to the Happy Healthy Pet: The Jack Russell Terrier*

“This is a comforting and practical must-read!”

— Lena Kieliszak, LMHC NCC, Rochester NY

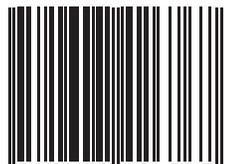
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